



Natural Healthcare Center
Integrated Health & Wellness Programs



Clinical
Nutrition

Functional
Medicine

Naturopathy





Clinical Nutrition - Functional Medicine

We take a functional medicine approach to clinical nutrition. Dr. James Proodian and Dr. Oscar Coetzee apply decades of experience and innovative research to develop personalized dietary protocols for each patient. Our services and expertise are offered at a 50% cost reduction!

- First Visit: \$200 (60 minutes)
- Follow-Up Visit: \$100 (30 minutes)
- Opus23 Genetic Analysis: \$270

Naturopathy

This holistic approach to women's health provides a deeper understanding of your menstrual cycle and hormones and their role in your overall health. Naturopathic consultations with Theresa Messano, ND are designed to get to the root cause of your health concerns.

- First Appointment: \$250 (75 minutes)
- Single Session Follow-Up Appointments: \$105 (45 minutes)

Package:

- 3 Follow-up Appointments for \$285 (45 minutes each)

Pricing does not include the cost of laboratory testing. Appointments available by phone or Zoom upon request. Changes or cancellations are requested 24 hours prior to scheduled appointment to avoid being charged. Appointments and packages are non-transferable.

