



July 1, 2005

Dr. James Proodian, DC, CCSP
Natural Healthcare Center
10 West End Court
Long Branch, NJ 07740

Dear Dr. Proodian,

Thank you so much for coming to speak to the employees at Monmouth Community Bank about *Stress Management*.

I have received very positive feedback about your presentation and personally found the topic and information presented to be of great value. I have attended numerous sessions on this topic and thought that your approach regarding the nutritional component of this issue to be quite compelling.

Thanks again for taking the time to share your insights with us.

Sincerely,

Gail M. Corrigan

Gail M. Corrigan
Director of Human Resources