



Kathleen Abatemarco
Human Resources Director

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Dr. James Proodian, DC, CCSP
Natural Healthcare Center
10 West End Court
Long Branch, NJ 07740

Dear Dr. Proodian,

Thank you again for coming to speak to the employees of the Asbury Park Press at our Lunch & Learn Wellness Programs as well as your participation in our Employee Health & Wellness Fair this past October.

The three seminars you have presented to date, *Nutrition*, *Fatigue*, and most recently *Stress Management*, have been very well received by our employees. I have personally attended all three sessions and have found them lively, informational, and providing a common sense approach to the topics.

I look forward to your upcoming seminars and a continued relationship with the Natural Healthcare Center.

Thank you again.

Kathleen Abatemarco
Human Resources Director
Asbury Park Press, Home News Tribune & Ocean County Newspapers

